

## **Heatstroke's**

Heatstroke is the leading cause of non-crash-related fatalities for children 14 and younger, according to the National Highway Traffic Safety Administration.

In a matter of 10 minutes the temperature in a car can rise by 20 degrees. Even on a mild 70-degree day that would get your car up to a sweltering 90 degrees.

Remember to always "Look before you Lock".

Get in the habit of always opening the back door to check the back seat before leaving your vehicle. Make sure no child has been left behind.

Keep a stuffed animal or other memento in your child's car seat when it's empty, and move it to the front seat as a visual reminder when your child is in the back seat.

If someone else is driving your child, or your daily routine has been altered, always check to make sure your child has arrived safely.

If you happen to see a young child left unattended in a car, take action! If the child is not responsive or in distress, call 911 right away and get the child out of the car.

Please share these important safety tips with your childcare providers, teachers, relatives, friends, family and neighbors... It could save a life!

**This message is brought to you by Safe Kids PA Lycoming County Partner and the Lycoming County Health Improvement Coalition.**